



Friday 13th Oct 2023

Next meeting: Thursday 19th October Venue: Radio 5EBI, 10 Byron PI, Adelaide Time: 12.30pm for 1pm start

www.RotaryAdelaideCentral.org.au facebook.com/Rotary.Adelaide.Central

Together we serve

We've certainly had a busy start to our Rotary year. Worthwhile and enjoyable too.

It was a pleasure to welcome District Governor Craig Dowling to our meeting on 7th September and to hear about his priorities for 2023-24. One of these a Zone 8 initiative, Rotary Says

NO to Domestic Violence. District 9510 has established a multi-organisational committee partnering with groups such as Zonta, to organise a *Walk for Respect* on Saturday 25th November (see story below and page two). It would be wonderful to have a large group of our members and their families walking as part of the Rotary contingent.

Past DG Paul Thomas also paid us a visit, attending our meeting on 21st September and then participating in a Books for Babies visit to the Women's and Children's Hospital. The timing was ideal as September was Rotary's Literacy and Education Month.

Also coming up is the annual **Ride2Work Day** on **Wednesday 18th October**.

Rotary Adelaide Central will again be on the barbecues serving up breakfasts at the official City end point in Hindmarsh Square. This is a valuable fundraiser for our Club, so if you are able to assist for two or three hours between 6am and 9am, please let me know as soon as possible.

We're also going to need volunteers for another fundraiser later next week, probably immediately after our meeting on the 19th. Our Club has been contracted by the Bus Industry Confederation to fill totes that are to be given to conference delegates at the end of the month.

Our shipping container packed with hospital and medical supplies is at sea, bound for Sierra Leone. It's quite a



milestone for that project. Finally, Christmas is coming and Rotary cakes and puddings are

Rotary cakes and puddings are now available. See page 5 for details.

Cheers, President Eileen Fagioli

Rotary is saying NO to Domestic Violence - join the walk

Since 2018, Rotary in Australia, New Zealand and the Pacific Islands have been united in building awareness and education programs to help our community identify, reduce and stop physical Domestic Violence and non-physical Coercive Control offending.

Now it is South Australia's turn to shine.

We would like YOU to participate in a peaceful and non-confrontational *Walk for Respect* along King William Street, Adelaide, on the International Day for the Elimination of Violence Against Women - Saturday 25th November 2023.

In addition to Rotary District 9510, organisations that have so far signed up to *Walk with Respect* include Zonta, Business & Professional Women International, Catherine House, Zahra Foundation, The Liberal Party of SA, Women's Safety Services SA, the National Council of Women SA and Radio 5EBI.

The route from Victoria Square to the Pioneer Women's Memorial Garden (opposite the Festival Theatre) is quite short and South Australian Rotarians will walk together.

Registering to walk is free and details of how to do so are on the next page of this newsletter.



Rotary says No to EST VIOLENCE

Project Partners





www.StopCoerciveControl.au

Walk with RESPECT in this peaceful parade Saturday 25 November 2023

from 9am - Meet in Victoria Square from 10am - the walk starts

1.2km along King William Street

10.30am - Arrive at Pioneer Womens Memorial Garden

10.30 to 11am - Inspirational presentations

11am to Noon - Mix | Mingle | Coffee | Food | Connect

One key focus will be to raise awareness of **Coercive Control**. An educational walk to offer the wider community an insight into key signs of Coercive Control against Women • Men • Children!

Visit our event website www.StopCoerciveControl.au to learn more or to connect with one of the many groups in South Australia who intimately work to support survivors of Domestic Violence.



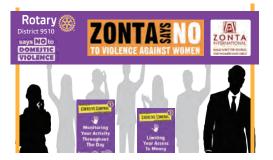
Register to walk - FREE

Choose the organisation / group / agency you want to walk with on the day!

Yes, registering to Walk is FREE

but your Voluntary Donation will be welcomed!

http//:-e.MyBookingManager.com/ Say-No-To-Domestic-Violence-Parade



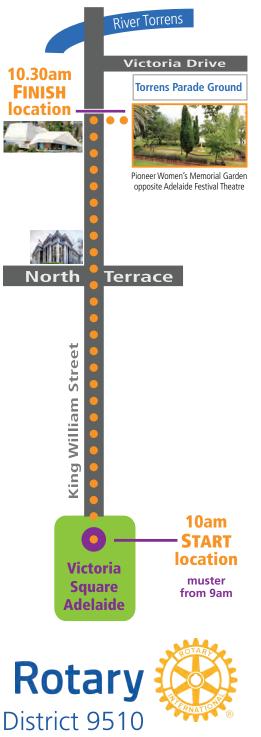


Carry the Many Signs of Coercive Control

W

Limiting

To Money



Pink Ribbon Spring Reception

October is Breast Cancer Awareness month and four of our members, including President Eileen Fagioli, were pleased to support the Hon. Jing Lee MLC's annual fundraiser in support of the National Breast Cancer Foundation.

Held at Old Parliament House on Friday 6th October the reception was well supported by a large group of attendees and exceeded the fundraising target by 400%.

> At right, the Hon. Jing Lee MLC (centre) is pictured with Rotary Adelaide Central Members Cathy Chong AM, Bill Marles, Michelle Tink and President Eileen Fagioli.

> > Below, all guests at the reception.





We're still Sharing the Care

A couple of months ago, our Community Service Director Charlie Belperio was invited by the Rotary Club of Campbelltown to attend one of their meetings to talk about our *Share the Care* program.

Following that, the Club made a generous \$2,000 cash donation for us to bulk purchase groceries and at their next meeting, a number of individual members contributed grocery items themselves.

Discussions with our charity partner, Anglicare SA, identified personal hygiene products as being the most urgently needed items: toothpaste; toothbrushes; deodorant; shampoo and conditioner; body wash; sanitary pads etc.

Last month our VP Bill Marles and Youth Services Director Cathy Chong went on a shopping expedition to Costco. The store's staff were excited to learn of the reason for the big shop and bent over backwards to ensure we got maximum bang for our bucks. Anglicare team member, Sonia (picture), was ecstatic to accept the donation which refilled some very empty shelves.



Last week Charlie had another speaking engagement, this time introducing his firm, our club and *Share the Care* to staff and clients of financial planning firm First Advice Solutions.



Our Books for Babies literacy project is one of those "feel good" activities that is simply a delight to participate in.

On September 21st, club members Glenda Sherwin-Lane (organiser), Bill Marles and Ibrahim Barrie were joined by PDG Paul Thomas when they visited Adelaide's Women's and Children's Hospital to present copies of 'Welcome Child' and 'Ten Little Fingers and Ten Little Toes' to just over 100 newborn bubs.

Paul and Ibrahim are pictured with recipient, 16-day-old Angus Brown, his Mum Monique and very proud 16-year-old brother, Patrick.

Those of us who were able to attend multicultural radio 5EBI's Quiz Afternoon thoroughly enjoyed ourselves.

We didn't win, but we didn't disgrace ourselves either and it was nice to support a community organisation that so actively supports our Club.



Update: Sierre Leone hospital project

Having packed every square centimetre of our shipping container with hospital and medical supplies, it was a real thrill when it was transported from RARE/ DIK to Port Adelaide, loaded aboard the Maersk Sebarok and set sail for Sierra Leone.

It won't be long before we hear that it has landed in the port of Freetown, ready for the road trip to its final destination, Salmana Heart Foundation Hospital in Tumbu.

We're still accepting tax deductible donations for this hospital project to offset the transportation costs and hopefully, fund a second container.



The shipping container starts its journey from Edinburgh to Port Adelaide

Visit donations.rawcs.com.au to contribute.



Online Orders Open : www.RotaryAdelaideCentral.org.au